WHAT IS CLAIMED IS:

- 1. A chemical-mechanical polishing system comprising:
- (a) an abrasive and/or polishing pad,
- (b) boric acid, or a conjugate base thereof, and
- (c) an aqueous carrier,

wherein the boric acid and conjugate base are not present together in the polishing system in a sufficient amount to act as a pH buffer.

- 2. The chemical-mechanical polishing system of claim 1, wherein the abrasive is a metal oxide.
- 3. The chemical-mechanical polishing system of claim 2, wherein the abrasive is selected from the group consisting of alumina, silica, titania, ceria, zirconia, germania, magnesia, co-formed products thereof, and combinations thereof.
- 4. The chemical-mechanical polishing system of claim 3, wherein the abrasive is alumina or silica.
- 5. The chemical-mechanical polishing system of claim 1, wherein the abrasive is fixed on a polishing pad.
- 6. The chemical-mechanical polishing system of claim 1, wherein the abrasive is in particulate form and is suspended in the carrier.
- 7. The chemical-mechanical polishing system of claim 1, wherein the carrier is water.
- 8. The chemical-mechanical polishing system of claim 1, wherein the system further comprises an oxidizing agent.

- 9. The chemical-mechanical polishing system of claim 8, wherein the oxidizing agent is a peroxide or persulfate.
- 10. The chemical-mechanical polishing system of claim1, wherein the system further comprises a film-forming agent.
- 11. The chemical-mechanical polishing system of claim 10, wherein the film-forming agent is an azole.
- 12. The chemical-mechanical polishing system of claim 1, wherein the system comprises about 0.5 wt.% or more carrier-suspended abrasive particles, about 0.01 wt.% or more boric acid or conjugate base thereof, and water.
- 13. The chemical-mechanical polishing system of claim 1, wherein the system further comprises a complexing agent.
 - 14. A chemical-mechanical polishing system comprising:
 - (a) an abrasive and/or polishing pad,
 - (b) an aqueous carrier, and
- (c) a water-soluble boron-containing compound that is not boric acid, or salt thereof, formula I-VII:

wherein,

R¹, R², R³, R⁵, R⁶, R⁹, R¹⁴, R¹⁸, R¹⁹, R²², R²³, and R²⁴ are independently selected from the group consisting of H, C₁₋₂₀ alkyl, C₆₋₃₀ aryl including polycyclic aryl,

cyclo(C_{3-20})alkyl, hetero(C_{6-30})aryl including polycyclic heteroaryl, C_{3-20} heterocyclyl, C_{2-20} alkenyl, and C_{2-20} alkynyl,

 R^4 , R^7 , R^8 , R^{10} , R^{11} , R^{12} , R^{13} , R^{15} , R^{16} , R^{17} , R^{20} , R^{21} , and R^{25} are independently selected from the group consisting of H, halide, C_{1-20} alkyl, C_{6-30} aryl including polycyclic aryl, cyclo(C_{3-20})alkyl, hetero(C_{6-30})aryl including polycyclic heteroaryl, C_{3-20} heterocyclyl, C_{2-20} alkenyl, and C_{2-20} alkynyl,

any two R substituents of a formula can be linked through 1-16 atoms selected from the group consisting of C, N, O, and S to form a cyclic ring, and

 R^{1} - R^{25} are optionally substituted with 1-5 substituents independently selected from the group consisting of halide, C_{1-20} alkyl, C_{1-20} alkoxy, thio(C_{1-20})alkyl, C_{6-30} aryl including polycyclic aryl, C_{6-30} ar(C_{1-20})alkyl, C_{6-30} ar(C_{1-20})alkyl, cyclo(C_{1-20})alkyloxy, hetero(C_{6-30})aryl including polycyclic heteroaryl, C_{3-20} heterocyclyl, heterocyclo(C_{3-20})alkyloxy, C_{2-20} alkenyl, C_{2-20} alkynyl, C_{2-20} alkyl), C_{2-20} alkylamino, C_{2-20} alkylamino, di(C_{2-20})alkylamino, amino(C_{2-20})alkyl, C_{2-20} alkylamino(C_{2-20})alkyl, nitrile, cyano, carbonyl, C_{2-20} alkylcarbonyl, carboxy, carboxy(C_{2-20})alkyl, silyl, and siloxy.

- 15. The chemical-mechanical polishing system of claim 14, wherein the water-soluble boron-containing compound is a trialkylborate.
- 16. The chemical-mechanical polishing system of claim 14, wherein the water-soluble boron-containing compound is a borinic acid, boronic acid, borinate ester, or boronate ester.
- 17. The chemical-mechanical polishing system of claim 14, wherein the water-soluble boron-containing compound is a benzodioxaborole compound.
- 18. The chemical-mechanical polishing system of claim 17, wherein the water-soluble boron-containing compound is *B*-bromocatecholborane.

- 19. The chemical-mechanical polishing system of claim 14, wherein the water-soluble boron-containing compound is a tetraarylborate salt.
- 20. The chemical-mechanical polishing system of claim 14, wherein the water-soluble boron-containing compound is generated *in situ*.
- 21. The chemical-mechanical polishing system of claim 14, wherein the abrasive is a metal oxide.
- 22. The chemical-mechanical polishing system of claim 21, wherein the abrasive is selected from the group consisting of alumina, silica, titania, ceria, zirconia, germania, magnesia, co-formed products thereof, and combinations thereof.
- 23. The chemical-mechanical polishing system of claim 22, wherein the abrasive is alumina or silica.
- 24. The chemical-mechanical polishing system of claim 14, wherein the abrasive is fixed on a polishing pad.
- 25. The chemical-mechanical polishing system of claim 14, wherein the abrasive is in particulate form and is suspended in the carrier.
- 26. The chemical-mechanical polishing system of claim 14, wherein the carrier is water.
- 27. The chemical-mechanical polishing system of claim 14, wherein the system further comprises an oxidizing agent.
- 28. The chemical-mechanical polishing system of claim 27, wherein the oxidizing agent is a peroxide or persulfate.

- 29. The chemical-mechanical polishing system of claim 14, wherein the system further comprises a film-forming agent.
- 30. The chemical-mechanical polishing system of claim 29, wherein the film-forming agent is an azole.
- 31. The chemical-mechanical polishing system of claim 14, wherein the system comprises about 0.5 wt.% or more carrier-suspended abrasive particles, about 0.01 wt.% or more water-soluble boron-containing compound or salt thereof, and water.
- 32. The chemical-mechanical polishing system of claim 31, wherein the abrasive particles are alumina or silica particles, and the water-soluble boron-containing compound is a trialkylborate, borinic acid, boronic acid, borinate ester, or boronate ester.
- 33. The chemical-mechanical polishing system of claim 14, wherein the system further comprises a complexing agent.
 - 34. A method of polishing a substrate comprising:
- (i) contacting a substrate with a chemical-mechanical polishing system comprising:
 - (a) an abrasive and/or polishing pad,
 - (b) boric acid, or conjugate base thereof, and
 - (c) an aqueous carrier,

wherein the boric acid and conjugate base are not present together in the polishing system in a sufficient amount to act as a pH buffer, and

- (ii) abrading at least a portion of the substrate to polish the substrate.
- 35. The method of claim 34, wherein the substrate comprises a metal oxide layer and a metal layer.

- 36. The method of claim 35, wherein the metal layer comprises copper, tungsten, tantalum, or titanium.
 - 37. A method of polishing a substrate comprising:
- (i) contacting a substrate with a chemical-mechanical polishing system comprising:
 - (a) an abrasive and/or polishing pad,
 - (b) an aqueous carrier, and
 - (c) a water-soluble boron-containing compound that is not boric acid, or salt thereof, of formula I-VII:

wherein,

 R^1 , R^2 , R^3 , R^5 , R^6 , R^9 , R^{14} , R^{18} , R^{19} , R^{22} , R^{23} , and R^{24} are independently selected from the group consisting of H, C_{1-20} alkyl, C_{6-30} aryl including polycyclic aryl, cyclo(C_{3-20})alkyl, hetero(C_{6-30})aryl including polycyclic heteroaryl, C_{3-20} heterocyclyl, C_{2-20} alkenyl, and C_{2-20} alkynyl,

 R^4 , R^7 , R^8 , R^{10} , R^{11} , R^{12} , R^{13} , R^{15} , R^{16} , R^{17} , R^{20} , R^{21} , and R^{25} are independently selected from the group consisting of H, halide, C_{1-20} alkyl, C_{6-30} aryl including polycyclic aryl, cyclo(C_{3-20})alkyl, hetero(C_{6-30})aryl including polycyclic heteroaryl, C_{3-20} heterocyclyl, C_{2-20} alkenyl, and C_{2-20} alkynyl,

any two R substituents of a formula can be linked through 1-16 atoms selected from the group consisting of C, N, O, and S to form a cyclic ring, and

 R^{1} - R^{25} are optionally substituted with 1-5 substituents independently selected from the group consisting of halide, C_{1-20} alkyl, C_{1-20} alkoxy, thio(C_{1-20})alkyl, C_{6-30} aryl including polycyclic aryl, C_{6-30} ar(C_{1-20})alkyl, C_{6-30} ar(C_{1-20})alkyl, cyclo(C_{1-20})alkyl, cyclo(C_{3-20})alkyloxy, hetero(C_{6-30})aryl including polycyclic heteroaryl, C_{3-20} heterocyclyl, heterocyclo(C_{3-20})alkyloxy, C_{2-20} alkenyl, C_{2-20}

alkynyl, B(OH)(C_{1-20} alkyl), B(OH)(cyclo(C_{1-20})alkyl), B(OH)(C_{6-30} aryl), B(OH)(C_{6-30} heteroaryl), B(OH)₂, thiol, hydroxy, halo(C_{1-20})alkyl, halo(C_{1-20})alkoxy, nitro, amino, C_{1-20} alkylamino, di(C_{1-20})alkylamino, amino(C_{1-20})alkyl, C_{1-20} alkylamino(C_{1-20})alkyl, nitrile, cyano, carbonyl, C_{1-20} alkylcarbonyl, carboxy, carboxy(C_{1-20})alkyl, silyl, and siloxy, and

- (ii) abrading at least a portion of the substrate to polish the substrate.
- 38. The method of claim 37, wherein the substrate comprises a metal oxide layer and a metal layer.
- 39. The method of claim 38, wherein the metal layer comprises copper, tungsten, tantalum, or titanium.
- 40. The method of claim 37, wherein the water-soluble boron-containing compound is trialkylborate.
- 41. The method of claim 37, wherein the water-soluble boron-containing compound is a borinic acid, boronic acid, borinate ester, or boronate ester.
- 42. The method of claim 37, wherein the water-soluble boron-containing compound is a benzodioxoborole compound.
- 43. The method of claim 42, wherein the water-soluble boron-containing compound is *B*-bromocatecholborane.
- 44. The method of claim 37, wherein the water-soluble boron-containing compound is a tetraarylborate salt.